## **Pack The Coast**

## **Packing List**



Misc Cycling Gloves Cycling Sunglasses Clear Lenses for cycling glasses Bike Lock Water Bladder Camp Chair Extra Ziplock Bags Zip Ties Bungie Cords Battery Bank (for charging phone & electronics) Charging Cords	Food         Coffee         Stew Meat (frozen)         Can Spicy V8 Juice small         Potatoes         Carrots         Barley         Onion         Butter         Stew Seasoning         Salt         Pepper         Flour         Oatmeal
	<ul> <li>Fruit (fresh)</li> <li>Fruit (dried)</li> <li>Jerky</li> <li>Nuts</li> <li>Granola Bars</li> <li>Dehydrated Meals</li> <li>Hydration Powder</li> <li>Nutrition Gels &amp; Chews</li> <li>Gummy Bears</li> <li>Chewing Gum</li> </ul>
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